

Sample Personal Protective Equipment Training Session Plan

Title: Donning and Doffing Personal Protective Equipment Train the Trainer			
Learning Outcome: By the end of the teaching session, participants will be able to don and doff personal protective equipment (PPE) in accordance with the CDNA guidelines and without causing cross contamination of self, others or surfaces.			
Total time: 30 minutes			
Content Outline	Method of Teaching	Resources	Time
Introduction: <ul style="list-style-type: none"> • Introduce self • Workplace Health and Safety (e.g. fire exits) • Identify level of learner knowledge, skill and experience • Discuss learning outcome • Discuss session structure • Show poster or handout 	Learner observation	Attendance sheet Posters Handouts	3 minutes
Theory: <ul style="list-style-type: none"> • Brief description of COVID-19 • Refresher on Standard Precautions <ul style="list-style-type: none"> ○ what they are ○ when they are used • Refresher on Transmission Based Precautions <ul style="list-style-type: none"> ○ what they are ○ when they are used • Stress importance of proper use of PPE • Discuss equipment required and show to learners 	Learner observation	Gowns Masks Gloves Protective eyewear Hand Gel or Basin & Soap	5 minutes
Demonstration: <ul style="list-style-type: none"> • Demonstrate skill from beginning to end with no commentary <ol style="list-style-type: none"> A. Donning PPE <ol style="list-style-type: none"> 1. Perform hand hygiene (gel or soap and water) 2. Put on long sleeve gown 3. Put on mask (and fit check if necessary) 4. Put on protective eyewear 5. Put on gloves 6. Enter resident's room. If door handles or curtains are touched remove gloves, perform hand hygiene and don new gloves B. Doffing PPE 	Learners observe demonstration Learners verbally guide steps during demonstration	Gowns Masks Gloves Protective eyewear Hand Gel or Basin & Soap Posters or handouts if required	10 minutes

