



CHCSS00075

CHRONIC DISEASE SELF MANAGEMENT SKILL SET

SUITABLE FOR INDIVIDUALS WHO HOLD A QUALIFICATION AT CERTIFICATE III LEVEL OR HIGHER IN AN AREA INVOLVING PROVISION OF DIRECT CLIENT CARE OR SUPPORT.

This skill set provides a set of skills required to assist clients with self-management of chronic disease and skills to provide clients with the support required to plan, make, implement and sustain positive lifestyle options that will have a positive impact on their health and well-being.

Covering topics such as supporting a client in a holistic manner, providing support as part of a coordinated service and providing clients with support and assistance to self-manage aspects of their life that may include decision-making.

Experience with managing pain and fatigue: understanding medication frustration and better communication with doctors. Support independence as well as physical and emotional well being.

Three (2) units of competency are required to complete the skill set:

- CHCCCS001 Address the needs of people with chronic disease
- CHCCCS023 Support independence and wellbeing

REGISTER TODAY



FOR MORE INFORMATION

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COURSE DETAILS



ONLINE



LASA Member
\$537*

Non Member
\$623*

*GST free



RTO 2863



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